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Expression and the Body

The character of expression evoked through the passage of experience via our bodies lies at the core of this proposed paper. Here we suggest that the body, its use of limbs and sensual capacities, together with its facility for movement and language, generates rich multiple layers of expression. In this paper we will suggest that our every movement and engagement (with people and events) reveal pregnant potentialities that lie unnoticed unless a combination of realizing the influence of our existing rhythms (built from prior engagements) and raw exposure to discontinuities (those spaces that realize the uniqueness of every event) negotiate to privilege and select certain elements of the experience at the expense of others. Why we select certain elements penetrates to the very core of our own individual notions of expression, style and freedom (or not) from explicit fulfillment of specific objectives.

Furthermore, style and expression provide an interesting relationship, in the sense that what we wear, and how we appear, is rarely a neutral feature; furthermore, nor is how we employ our physical gestures to aid and complement our movement and utterances. In this paper we will explore the role of dress and its impact on expression.



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